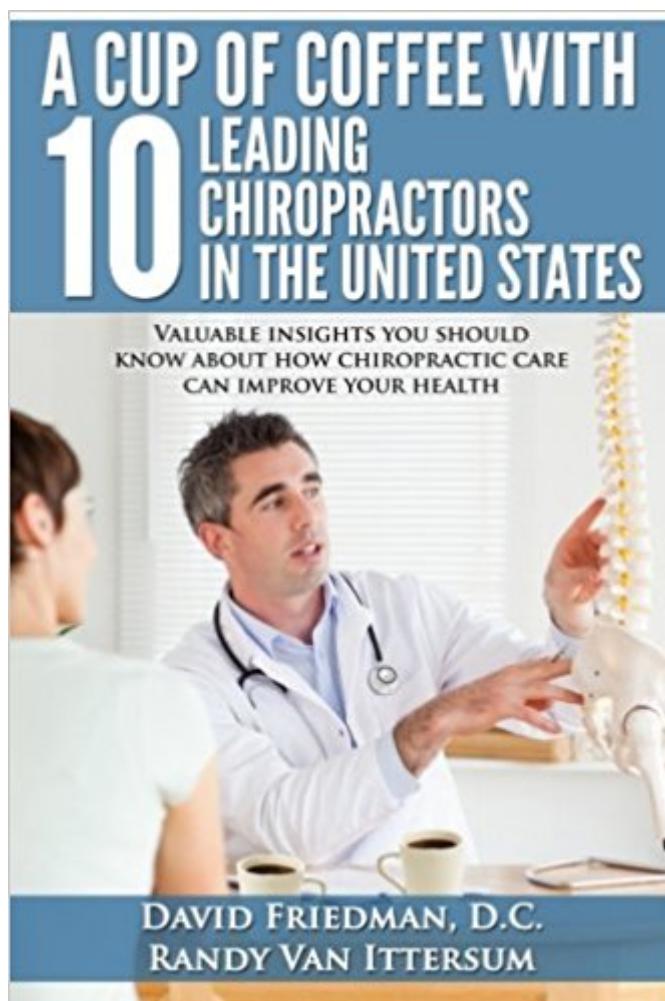


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# **A Cup Of Coffee With 10 Leading Chiropractors In The United States: Valuable Insights You Should Know About How Chiropractic Care Can Improve Your Health.**





## Synopsis

Today's chiropractor may be dubbed the "New Hero" in healthcare. Chiropractic care is about "preventive care" and helping your body do what it was designed to do, which is to take care of itself naturally. In this book, we have brought together ten of America's leading chiropractors to share with you their insights into chiropractic care and the effect it can have on your health. You will discover why a chiropractor should be one of your primary caregivers. The benefits of chiropractic treatment can be remarkable. You will read stories that clearly show the help that chiropractic care can bring to a patient, even under some of the most dire circumstances.

## Book Information

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## Customer Reviews

Authors are 10 Chiropractors: David Friedman D.C., David VanDehey D.C., Daniel Grossman D.C., Puneet Arora D.C., John Gehnrich D.C., Ellan Duke D.C., Kenneth A. Frank D.C., Brian D. Reimer D.C., Christopher J. Bump D.C., Shan Twit D.C.

Being in the health and fitness industry and being an athlete, chiropractic care has been an integral part of my wellness program for decades. If you've never been or are considering chiropractic care this is a must read! It is a very easy yet most informative book full of insight to the benefits of chiropractic care. This book is compiled of 10 brilliantly versed doctors who take a holistic, naturalpathic path to wellness. There are case studies, success stories, and much more. Chiropractors do so much more than snap, crackle and pop. They treat headaches, gastric issues, arthritis, inflammation, and various forms of debilitating tendinitis. The list goes on and on.

Chiropractic care can & it will improve your overall health. Dr. Friedman and his associates change peoples lives for the better.

After two failed back surgeries, and being told I needed a third one, it was a chiropractor that fixed me. My only regret is that I didn't see him before my first surgery. Dr. Friedman and Randy have put together a wonderful book that has been long overdue. If you want to take your health care into your own hands and avoid drugs and surgery, then put your trust into the hands of a chiropractor.

So informative and easy read

This is an inspiring read. It makes me feel good about the future of health care, and it taught me a lot about healthy living.

Very interesting...

good information if you are in need of chiropractic knowledge

I enjoyed reading about all the different reasons for going to a chiropractor and many ailments it can cure.

prevention is the key... a great read from dr friedman . great to get the different takes from wonderfully skilled chiropractic resources.

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